



NEWSLETTER MARCH 2009

Welcome to the February 2009 edition of the Pentaqua Newsletter.

Swim Report

Forthcoming Galas

There are a number of galas currently available. Please see Jayne Neal if you want to enter any galas. Details are posted on the Notice Board in the Clubroom. Remember we are primarily a competitive swimming club and therefore all members are strongly encouraged to enter all galas that are suitable for them. Jayne will happily advise on the right gala for you.

Spring Sprints Gala : Sunday 26 April 2009 @ Stocksbridge

Just a reminder about the above. Please be aware that there are **NO** spectator seats for our parents. As we have such limited space, even with the seating we hire in, we have no room for any of our parents to sit and watch. So if you want to watch your child swim – you will need to be helping out!

There are lots of different jobs that need doing – so please refer to the information sent on 9 January. Please either email me or leave a note in my pigeon hole in the clubroom. Many thanks in advance.

Galas

Our swimmers have competed in the following galas in January/February 2009

Rotherham Metro A & B Grade – 17/18 January @ Ponds Forge
Sheffield District ASA Championships – 1 February @ Ponds Forge
Junior Senior Yorkshires – 7/8 February @ Leeds

For full result details please see attached swim report.

Cressie Award Winner

The January winner of the Cressie Award is:

Joseph Fidler

The February winner of the Cressie Award is:

Joshua Fidler

Congratulations and well done on being chosen.

Achievement Award

The January Achievement Award goes to:

Aimee Jepson

The February Achievement Award goes to:

Aimee Jepson

Barnsley Minors League Dates 2009

The dates for this years galas are as follows:

Stocksbridge: 9 May, warm up 1.30pm
Rotherham: 28 June @ Chapeltown Baths, warm up 3.00pm
Wakefield: 27 September @ Normanton Pool, warm up 12.30pm

Please make a note of these dates to ensure you are available if selected to swim. Many thanks.

Technique DVD's

Some of you may remember some time ago that David was recording information regarding techniques, one for each stroke and one for starts and turns. Well these DVD's are finally completed and are now available to borrow from the clubroom. You are able to burn a copy if you wish, so we ask that you borrow just one at a time (you will be asked to sign each copy out and back in).

As we only have a couple of copies of each we are asking that you borrow each one for a maximum of one week only – we will chase you if you have them longer than this. David has worked very hard on these and it is hoped they will find them both interesting and informative. Please see Jayne or Jacqui in the clubroom to borrow a copy.

Photographic Consent Forms

So far we have had only 24 of these returned, which is now holding up with the development work on the new website. Please can we ask that you sign and send back your copy by **31 March 2009**. There are hard copies available to sign in the clubroom if you do not have access to a printer. Please remember to cross out the appropriate bits.

*****Swimmers if you receive this newsletter on behalf of your family – please print out the attached form now and ask your parents to sign it please.*****

Photos of every club member

You may have notice that in the clubroom we have a wall of fame, showing details of Achievement and Cressie Awards winners along with details of other achievements by any of our swimmers. We would like to have photo of every member readily available to display for such occasions. So Sharon has asked that every child calls in the clubroom on either a Tuesday, Friday or Saturday to have their photo taken. Probably better before the training session I would have thought, to get the best photos without red faces and wet hair!

Please note these photos are for internal use only and will not be displayed anywhere other than the clubroom.

Volunteers to take Landtraining Sessions

We are still looking for help with the landtraining sessions. If there are any parents who would be able to help out at any of the landtraining sessions please can you see David or Howard. Any help will be very much appreciated. Training will be provided.

Club Timekeepers Course

Sorry this is taking so long, as soon as we have firm dates we will communicate these to you.

Poolside HelpersCourse

This started on Friday 27 February and ran for 3 weeks on Fridays.

Child Protection & Bullying Policies

The meetings have now been held with swimmers regarding the above swimmers. If your child did not attend and wishes to be updated on the polices there are copies in the Clubroom or Sharen or Chris will be happy to run through them with you.

Replacement Club Gala Trophies

You may remember we mentioned that we were replacing old worn out club gala trophies for new ones. Just to remind holders of the following trophies **NOT** to have them engraved. If we have not already done so we will be contacting you shortly to arrange to exchange your trophies for the new ones which have been purchased.

Age Group	Trophy / Trophies
Boys 9 & u	Freestyle, IM
Boys10	IM
Boys11	Backstroke
Boys12	Freestyle, IM, Breaststroke
Boys 13	Freestyle, Butterfly
Boys14	IM
Boys15	Freestyle
Boys 16& o	IM
Girls 9 & u	Butterfly
Girls 11	Breaststroke
Girls 14	Breaststroke, Butterfly, IM
Girls 15	IM
Girls 16 & o	Freestyle

Fundraising

www.easyfundraising.org.uk

Monthly update. We now have **18** registered supporters (a new one this month – thank you) and have raised **£47.82** for club funds

Just a reminder for those of you thinking about this years holidays, if you book online via easyfundraising the club gets a donation too, companies include: Thomson, Thomas Cook, Co-op Travelcare, DirectLine, Virgin, MyTravel.com, Westar Holidays, Hoseasons, Butlins, Haven, Keycamp, Eurocamp, Siblu Holidays, James Villas, Cottages4U, Lowcostbeds, Lastminute.com

For those who have not yet registered – remember there are also lots of exclusive money saving offers for Easyfundraising members, it only takes a minute to register and then you can raise funds for the club (and save money for yourselves!).

Even if you don't intend to shop on line, if you register you can even raise funds for us every time you search online by using the [easysearch](http://easysearch.org.uk) search engine. Just go to: easysearch.org.uk . The club gets 1p for every 2 searches, doesn't sound a lot but we have already raised **£3.79** with this.

Bag Packing

A Bag Packing Day has been arranged by Silke Fraser for Saturday 4 April at Hillsborough Morrisons. There is a list up in the club room for you to put your name down. Please see separate email sent out 20/3/09. You are strongly encouraged to attend at least part of the day if at all possible. All monies raised goes to Club funds. Camp swimmers are expected to attend please and coaches are aware of the event taking place. It is likely that training will be cancelled on this day – so there should be no excuse for not attending! Thank you for your support.

That's all folks!