

**Rotherham Metro A & B Grade - 17th & 18th January 2009 @ Ponds Forge**

	DIST	FLY	BACK	BREAST	FREE
Jessica Wade	200m			4.04.40	3.39.73
Leonie Beever	50m	48.74		53.36	
	100m		1.43.96		1.28.55-[3rd]
	200m			3.57.02-[3rd]	
Darcy Deakin	50m	47.85	48.96		37.64
	100m				1.34.61
	200m		3.50.88		3.34.80
Tom Humphrey	100m				1.30.22
Joshua Fiddler	50m				43.18
	100m		1.37.72		
	200m				3.22.72-[B-3rd]
Joseph Fiddler	50m				41.50
	100m		1.39.54-[B-2nd]		
	200m				3.15.86-[B-1st]
Joe Leach	200m			4.12.79-[B-3rd]	
Benjamin Marsden	50m			53.22	
	100m		1.57.52		
	200m			4.00.22	
Hollie Roberts	50m			57.76	
	200m			4.27.27	
Emily Burton	50m			54.73	
	100m		1.37.68		1.30.01
Lucy Bowden	50m		59.41	1.04.25	43.03
Chloe Humphrey	50m			47.40	
	200m			3.39.86-[B-3rd]	
Tegan Jones	50m	43.44	41.95	48.98	34.92
	100m			1.42.55	1.15.98
	200m			3.39.47-[B-1st]	2.50.58
Thomas Wiltshire	50m			42.03-[A-1st]	
	100m		1.32.29-[B-1st]		
	200m			3.22.17-[A-2nd]	
Daniel Fitzgerald	50m	47.72	45.21	47.66-[B-3rd]	37.05
	100m	1.56.39	1.38.49	1.39.02-[A-3rd]	1.18.69
	200m	4.11.36	3.10.47	3.30.62-[A-3rd]	2.58.72-[B-3rd]
Luke Oxley	50m	50.67	49.31		
	100m			2.02.49	1.25.53
Harry Cooper	100m		1.55.07		
Jack Smith	50m		51.46		
	100m			2.05.10	
James Langford	50m			57.19	
	100m		2.09.42		
	200m			4.21.53	
Joshua Lenthall	50m	53.58		55.13	43.59
	100m			1.59.35	
	200m			4.15.00	
Jennie Knowles	50m	36.02-[A-2nd]			32.05-[A-2nd]
	100m	1.20.48-[A-3rd]	1.22.34	1.31.32-[A-3rd]	1.09.86
	200m		2.50.28	3.11.66-[A-2nd]	2.29.00-[A-3rd]
Isobel Dewar-Fowler	50m	38.18	39.54	43.73	32.19-[A-3rd]
	100m	1.32.49	1.23.33	1.34.42	1.11.66
	200m	3.25.72	2.54.97	3.15.00	2.38.99
Emily Wade	100m	1.44.39	1.30.38		
	200m			3.28.37	2.55.49
Caroline Howard	50m		41.03-[B-1st]		
	100m			1.36.65-[B-3rd]	

	200m		3.11.25	3.25.55-[B-3rd]	
Todd Shakespeare	50m	53.00			
	100m				1.31.38
Andrew Neal	50m	36.45	40.39	46.67	35.31
	100m	1.28.66-[B-2nd]	1.26.22-[B-1st]	1.44.15	1.16.13
	200m	3.14.91-[B-1st]	3.03.41-[B-3rd]	3.31.67	2.45.90
Alex Lenthall	50m	36.92	40.44	40.17-[A-3rd]	31.98
	100m	1.31.16	1.27.48	1.28.91-[A-3rd]	1.10.43
	200m	3.20.61-[B-2nd]		3.03.94-[A-1st]	2.32.88
Joe Hague	50m				33.20
	100m	1.40.48			
	200m				2.41.10-[B-2nd]
Tom Beaumont	50m	48.04			33.57
	100m		1.34.82		1.15.50-[B-2nd]
Oliver Ng	50m			38.49	
	100m		1.26.34		
	200m			3.10.40-[B-1st]	
Tori Hutton	50m		41.64-[B-3rd]	40.73	32.91
	100m			1.29.41	
	200m			3.12.03-[B-1st]	2.38.11
Megan Shepherd	50m	37.01-[B-1st]			
	100m				1.12.37
Angus Dewar-Fowler	50m		41.19	42.79	38.13
	100m			1.32.28	
	200m			3.16.18	
Ben Day	50m			39.56	
	100m	1.21.96-[B-2nd]	1.24.01	1.33.83	1.09.07-[B-1st]
	200m		2.58.08	3.18.89	2.37.08
Nicola Fraser	50m	35.69			32.32
	100m	1.21.49-[B-2nd]			1.09.72
	200m	2.49.93-[B-2nd]			2.27.30
Rebecca Neal	50m		36.93		30.95
	100m	1.11.13-[A-1st]			1.08.64
	200m	2.40.24-[A-2nd]	2.46.72	3.15.34	
Jack Bowden	50m			42.61	30.47
	100m				1.07.57
Joshua Hutton	50m	29.75-[A-3rd]		35.70-[A-3rd]	27.77
	100m	1.09.85	1.13.10		58.92-[A-1st]
	200m				2.12.63

#### Sheffield & District ASA Championships - 1st February @ Ponds Forge

	DIST	FLY	BACK	BREAST	FREE
Zoe Humphrey	50m			55.34[3rd]	39.94[1st]
	100m				
Ethan Ryan	50m				39.67[1st]
	100m		1.44.08[2nd]	1.58.74[1st]	1.31.95[1st]
Tom Humphrey	50m			56.62	41.49
Darcy Deakin	50m	46.60	48.05	51.20	39.06
	100m			1.53.89	1.32.42
Joshua Fiddler	50m			57.43	44.45
	100m		1.38.20		
Joseph Fiddler	50m			59.99	42.74
	100m		1.42.55		
Adam Waters	50m		59.80	57.88	46.07
	100m			2.08.90	
Noah Fournier-Shelton	50m		49.24		
	100m				1.33.13
Chloe Humphrey	50m			47.25	35.98
Rachael Carkett	50m		46.75		

	100m				1.28.99
Lucy Bye	50m	41.15			
	100m		1.29.70	1.41.00	
Maisie Elliott	50m	44.92	44.22	45.78[3rd]	36.94
	100m			1.42.31	1.22.30
	200m			3.38.56	
Tegan Jones	50m				35.23
	100m			1.46.67	
	200m				2.51.58
Emily Burton	50m	46.42	43.50		39.78
Thomas Wiltshire	50m		41.29[1st]		
	100m			1.34.77[1st]	1.24.08
Isobel Dewar-Fowler	50m	38.28	39.60[2nd]	42.69[1st]	32.96[2nd]
	100m	1.29.13[3rd]	1.23.28[1st]	1.32.55[1st]	1.11.62[3rd]
	200m		2.57.03[3rd]	3.11.38[2nd]	2.35.52
	400m				5.25.97
Jemma Bye	50m	39.83			
	200m				2.44.02
Angus Dewar-Fowler	50m			42.67	36.34
	100m			1.34.07[3rd]	
	200m			3.16.20	
Megan Shepherd	50m	36.81	41.41	47.45	33.68
	100m	1.26.98[2nd]	1.30.28		
Nicola Fraser	50m	35.99			32.64[2nd]
	100m	1.18.78[2nd]	1.30.41		1.12.34[2nd]
	200m	2.50.18[1st]			2.27.52[3rd]
	400m				5.02.22[2nd]
Kellie Davies	50m				39.84
	100m			1.49.48	1.35.51
	200m				
Vikki Dewar-Fowler	50m				33.04
	100m			1.31.93[2nd]	1.15.20
	200m			3.20.81[2nd]	2.43.87[1st]

#### Junior/Senior Yorkshire Championships - 7th/8th February @ Leeds

	DIST	FLY	BACK	BREAST	FREE
Tori Hutton	50m			40.37	32.69
	100m			1.28.75	
	200m			3.10.47	
Lauren Hudson	50m			41.29	32.36
	100m			1.28.36	1.07.79
	200m				2.26.24
Madison Elliott	50m	33.79	35.93		30.66
	100m		1.18.94		1.09.96
	200m		2.52.19		
Aimee Jepson	50m	33.34	36.65		31.89
	100m	1.13.34			1.06.75
	200m				2.25.14
Nicola Fraser	50m	35.06			31.70
	200m				2.24.19
	400m				5.05.61
	800m				10.31.80
	1500m				19.52.91[6th]
Rebecca Neal	50m	33.37	36.50		31.93
	100m	1.13.97			1.07.63
	200m				2.28.67
	400m				
	400m				
Paige Jepson	50m	32.81	H-33.63		30.35

	50m		F-33.67[5th]		
	100m		H-1.11.30		1.06.32
	100m		F-1.10.71[5th]		
	200m		H-2.31.19		
	200m		F-2.33.82[6th]		
Jade Gillott	50m	33.08		41.13	31.15
Joshua Hutton	50m	29.93	34.43	37.03	27.29
	100m	1.06.46			59.03
	400m				4.38.76
Becky Milnes	50m	32.89	H-34.32		29.24
	50m		F-35.11[9th]		
	100m				1.03.58
Womens 4 x 50m Medley A' Team - 10th					
Womens 4 x 50m Freestyle A' Team - 8th					







