



# STOCKSBRIDGE PENTAQUA SWIMMING CLUB

(Affiliated to Swim England North East Region and Swim England Yorkshire)

## PRESENT THE TWENTY NINTH STOCKSBRIDGE SPRING OPEN MEET

SATURDAY 25<sup>th</sup> APRIL 2026

PONDS FORGE INTERNATIONAL POOL, SHEFFIELD

THIS EVENT IS LICENSED AT LEVEL 3 FOR ENTRY INTO REGIONAL AND COUNTY CHAMPIONSHIPS -LICENCE NUMBER: 3NE260430

**EVENTS:** 50m, 100m Freestyle, Backstroke, Breaststroke, Butterfly  
200m Individual Medley

**AGE GROUPS:** 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15& Over

**AGES AT:** 25<sup>th</sup> April 2026

- 50m Long Course with continuous warm up/cool down pool
- Heat Declared Winners - Awards for first three in each age group
- Swimmers who swim faster than the cut-off times will receive a speeding ticket
- Awards for overall top open/boy and top girl

### Schedule of Events

<b>Session 1</b> <b>Warm Up – 0800</b> <b>Start Time - 0900</b>	<b>Session 2</b> <b>Warm up – 1300 (estimated)</b> <b>Start Time – 1400 (estimated)</b>
Event	Event
101 Female 200m IM	201 Open/Male 200m IM
102 Open/Male 100m Breaststroke	202 Female 100m Breaststroke
103 Female 50m Breaststroke	203 Open/Male 50m Breaststroke
104 Open/Male 50m Butterfly	204 Female 50m Butterfly
105 Female 100m Butterfly	205 Open/Male 100m Butterfly
106 Open/Male 100m Freestyle	206 Female 100m Freestyle
107 Female 100m Backstroke	207 Open/Male 100m Backstroke
108 Open/Male 50m Backstroke	208 Female 50m Backstroke
109 Female 50m Freestyle	209 Open/Male 50m Freestyle